



CANARA COLLEGE

Managed by Canara High School Association, Mangaluru
Reaccredited by NAAC and Affiliated to Mangalore University



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INTERNAL QUALITY ASSURANCE CELL (IQAC)

ANNUAL QUALITY ASSURANCE REPORT (AQAR) 2020-21

Criterion 7 : Institutional Values and Best Practices

Key Indicator 7.3. Institutional Distinctiveness

Metric 7.3.1. Portray the performance of the Institution in one area distinctive to its priority and thrust

Response :

Canara College, with its illustrious history of nearly five decades, has created a niche for itself as a pioneer in imparting quality education at affordable cost. Drawing strength from our revered legendary founder Sri Ammembal Subba Rao Pai's noble vision to produce good educated citizens who shall strive and cater to the needs of mankind, Canara has continued to be a name to reckon with. Today, Canara College has been recognized and identified as one of the reputed institutions in the combined districts of Dakshina Kannada and Udupi. Catering to the needs of linguistic minority community, and diversity of students from neighboring and other states coming from varied backgrounds, the institute has been witnessing an increasing influx of students taking admission in Canara, this testifying its growing popularity.

In tune with its motto of "Educating for Righteous Life", Canara has ever been earnestly striving for the holistic transformation of its aspirants by inculcating in them the Panchsheela core values and has been successfully creating generations of "Educationally empowered, Culturally vibrant, Globally competent and Socially responsible individuals."

We firmly believe that the true test of values is in times of odds. The global pandemic, CoVID-19, proved to be one such litmus paper that tested the integrity, resilience, social sensitivity, empathy and competence of our students and faculty. Herein lies the distinctiveness of Canara College, as it made its presence felt in these testing times, more emphatically, in the society, by upholding the Institute's Motto, Vision, Mission and Panchsheela Core Values, even more than ever before.

Panchasheela Core Values :

Canara College is well-acclaimed to have its deep rooted existence since 1973 with its moral ideals, rich core values and fusion of cultural ethos; and it unceasingly continues to be so because of its profound belief in the Panchsheela Core Values, thus crafting young minds for a righteous life.

1. SHRADDHA - Faith in Divinity

शारदा शारदांभोज वदना वदनांबुजे।

सर्वदा सर्वदास्माकं सन्निधिः सन्निधिं कुरु॥

Sharada, with a face like the lotus of the Sharad season (winter), with two eyes, like the lotuses, on the face, forever.



O bestower of all things bless us with prosperity and your proximity.

Faith makes all things possible.

Hope makes all things work.

Love makes all things beautiful.

During the challenging pandemic time, when the whole world was gripped by fear and uncertainty, many were rendered jobless and death seemed looming large; it was the unflinching faith in divinity that kindled a ray of hope in mankind.

When most of the educational institutions were hit hard by the pandemic, Canara, through this turbulent period, sailed unscathed, emerged triumphant and stood out with its spiritual strength to be one such institute in Mangaluru which showed the magnanimity of its heart by paying full salary to its employees.

It goes without saying that the driving force behind Canara's indomitable strength and undaunting spirit has been our omnipotent, omniscient, omnipresent and omnibenevolent Goddess Sharada, the presiding deity of our college. She is the embodiment of knowledge; the bestower of health, wealth, peace and prosperity; the remover of all obstacles; the anchor of our faith; the perennial source of divine inspiration; and the very quintessence of Canara's accrescent glory and opulence.

Like every year, Canara College celebrated Sharada Pooja on the auspicious occasion of Navratri, but this year with a difference. Adhering to the CoVID-19 protocol, with utmost devotion, all beseeched the benevolent supreme entity to instill indomitable courage in each one of us to wage a war against to annihilate the alien, invisible, ruthless enemy, Corona. Afterall, "Faith", in the felicitous words of Joel Osteen, is about "trusting God when you have unanswered questions."

Here, at Canara, prayer is a way of life. Each Canarite, through the regular devotional practices, is infused with the essence of praying: Prayer is like a spiritual reset button that helps to shift the collective consciousness of the planet by reminding us of our inherent connectedness with each other and the source of all life forms. Canara, thus, equips young minds with the knowledge of spirituality; thereby enabling them to channelize their creative energy into a force for good in the world.

2. JIJNASA - Love for Knowledge

नास्ति विद्यासमो बन्धुर्नास्ति विद्यासमः सुहृत्।

नास्ति विद्यासमं वित्तं नास्ति विद्यासमं सुखम्॥

Meaning : There is no friend, no companion, no wealth or no bliss as great as vidya (Knowledge).

"Never stop learning, because life never stops teaching." Living by the philosophy of Swami Vivekananda : "Education is the manifestation of God, which is already within. Education is not just power; but also empowerment," here at Canara, each one is imbued with a passion for life-long learning and an inspiring experience to lead a righteous life. Fighting out the challenges posed by the unprecedented pandemic, the dedicated faculty, committed to build transformative multi-faceted learning ecosystem at Canara, adapted themselves to the new mode of teaching-



learning; and continued, unabatedly, with the dissemination of knowledge through the virtual mode.

The plethora of beyond the curriculum activities for promoting knowledge that is blended with right skills, attitude and values for life-long success and wholesome living are an evidence of our Jijnasa - Love for knowledge.

During the lockdown period, when most of us were home-bound, some students and teachers with insatiable quest for knowledge capitalized on the given situation, as it came as a blessing in disguise, which provided ample time and opportunity to pursue MOOCs and Swayam courses, online. Besides, Faculty Development Programmes were organized to make our faculty tech-savvy and conversant with the various modern day technologies to meet the need of the hour.

In its perennial and fervent pursuit of high quality and knowledge, Canara conducted national and international level webinars,(Avolokana, Sanskrit and German - Affinity), quizzes (Qfiesta, Ecosystem Restoration), fests(Apocalypse, Crystal- Math), seminars, workshops and guest lectures on topics as diverse as 'Theatre Arts' to 'Digital Marketing', 'Basics of Research' to 'Cloud Computing', 'Ecosystem Restoration' to 'Empowerment through Legal Rights', from 'Linguistic Affinity' to 'Field Activity'; alongside, prepared the students for KSET / NET exams - all these are a testimony to our Jijnasa- love for knowledge, and endeavor to transform students into global citizens with world-class knowledge, national consciousness and humane values.

The workshops, training programmes, webinars, extension activities and startups organized by the various Associations and Cells of the college have always proved to be the platforms to ignite the innovative skills of students. Through innovation, students not only exhibit their creative ideas, but also learn to further their innovative skills; thus enabling the institute to accomplish the vision of its pioneers to provide complete education which would integrate the ancient Indian ethos with modern scientific and technological expertise.

3. SHAKTHI – Strength of Mind

शक्तिः दुर्दम्येच्छाशक्त्याः आगच्छति।

Meaning : Strength comes from an indomitable will.

“A sound mind in a sound body.” Canara profoundly believes that the primary objective of academic, co-curricular and extra-curricular activities is to not just inculcate enthusiasm among students to go beyond the curriculum to develop innovative ideas, team building and leadership; but also prepare them, physically and mentally, to face the inevitable challenges of life with conviction and grit.

Initiatives during the Pandemic, like Fit India Movement campaign, Wellness Webinar on Meditation and Yoga - Connecting Body and Mind, 'Saha-yoga' - an online campaign to promote physical and mental health, Workshop on Stress Management, Webinar on Mental Well-being laid emphasis on the need to attain harmony of body, mind and soul. While the program on Health Safety, Fire Safety, organized by Rangers and Rovers provided hands-on-experience on how to deal with situations demanding medical exigencies like snake bite, choking, burns, drowning, heart attack; and aimed at harnessing the potential of the body and mind.

Moreover, in the light of the then ongoing Coronavirus Pandemic, the online campaign, 'Saha-Yoga', organized to promote physical and mental health, came as an elixir. Yoga, our priceless



Indian cultural tradition, replete with magical cures for the many of the physical and psychosomatic disorders related to the modern day sedantic lifestyle, pulled many out of their mental depression. Confidence building programmes, to equip the students to face placement interviews and future obstacles in their life, were also conducted.

“A determined mind is an undefeatable force.” Thus, in line with its vision, mission and Panchsheela core values, Canara spares no effort to strengthen the mind and provide a healthy learning environment infused with optimism, positivity and spiritualism - the prime prerequisites to transform its aspirants into morally empowered, strong-willed and enlightened global citizens. The evidence of our success is the defining success of our students who defying all odds and braving the virus took up part time jobs after the college hours, in tune with the concept of “Earn while you Learn” and “Dignity of Labor” - all these, thereby, exhibiting invincible strength of mind of our students.

4. SAMYAM - Self-control

इन्द्रियजयस्य मूलं विनयः।

Meaning : The root to conquer your senses is to be disciplined.

“Self-reverence, self-knowledge, self-control; these three alone lead lives to sovereign power.” Self-control is one mark of a mature person; it applies to control of language, mind, appetites of the body, physical treatment of others. Awareness programs on prevention of HIV / AIDS, Anti-drug Campaign, Saha-Yoga, were conducted to dissuade students from falling prey to peer pressure and going astray.

Value-centric education being its priority, Canara has gained a wide reputation among parents and academia as the most trusted name for integrated, morally crafted holistic development of students.

5. SEVA NISHTA - Service to Mankind

परोपकारः पुण्याय पापाय परपीडनम्।

Meaning : Doing good to others conduces to merit, and doing harm to others leads to sin.

The distinctiveness of Canara has been explicated through its Seva -Nishta endeavors prevalent in the institution. Sensitization and community engagement programmes undertaken in the institute not only enrich the students with experiential learning, but also mould them into responsible citizens infused with empathy; and inculcate in them a profound sense of social responsibility.

During the pandemic, students, under the auspices of NSS, organized online awareness campaigns : “Asha-Kiran” - to spread CoVID-19 vaccine awareness, and “Saha-Yoga” - to promote physical and mental health. NSS volunteers created posters and shared it on their WhatsApp status, Instagram Handles and Facebook pages. The assiduous initiative of the NSS units of our college was highly lauded, for their creative and meticulously planned posters and for their well-disseminated online life-saving messages, by the State NSS Office, Bengaluru, and NSS Office of Mangalore University.

In the extension activity, “Mane Manege Lasika Mitra”, to promote CoVID-19 vaccine awareness, the NSS students were instrumental in alleviating the vaccine-hesitancy of many. This noble community service initiative received prompt and active response from the masses, which eventually enhanced the uptake of the CoVID-19 vaccines; and thus garnered success to the



institute's relentless effort to strengthen the hands of the governmental health machinery in the global fight to vanquish Corona.

Apart from CoVID-19 awareness campaigns, as part of our Seva-Nishta, several other programmes were also undertaken, like - Awareness Campaign on HIV / AIDS, on Drug Abuse; Cleaning Programme: Campus Cleaning Drive, under Swacch Bharat Abhiyan; Beach Cleaning, under Mega Clean India Programme; Community Pledge : CoVID-19 Health and Safety Pledge. True to the Sanskrit saying, “पदं हि सर्वत्र गुणैर्निधीयते।”, meaning : Good qualities lay their footprints everywhere. Like always, the esteem of Canara institutions has been endorsed by our multi-faceted and compassionate Canarites whose courteous and charitable acts were well received and appreciated, bringing laurels to the institution.

The deep-rooted spirit of community service present in our teaching and non-teaching staff, too, came to the forefront in the form of innovative endeavors, such as songs, Yakshagana songs and poems to spread awareness among the masses to “Break the Chain” of the deadly CoVID-19. These genuine endeavors assert our belief in the Panchsheela Core Values of ‘Seva-Nishta’, even the more. It is only through the fulfillment of one's bounden duties towards the society, in the most earnest way, that we can live life to our truest potential and spread the humane message : “Service to mankind is service to God.”

The seeds of compassion and empathy sown always yield the sweetest fruits. Thus, the acts of social service (Seva) done with faith and devotion (Shraddha), nurturing love for knowledge (Jijnasa) having strength of mind (Shakti) and self-control (Samyam), undeniably, propitiate divine grace.

Our distinctiveness is reflected in providing quality education that looks beyond academic horizons to nurture academic excellence with life skills, moral and ethical values for their personal fulfillment and professional accomplishments. As crystallized in our institutional crest, we continue to strive hard to impart quality education at affordable cost, thus achieving the harmonious blend of the head, heart and the hands; thereby fulfilling the aspirations of the generations.



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